



Hello ,

LORETTA REVEALS NEWSLETTER SEPTEMBER 2016

Welcome to September 2016 on our "borderless motivational space"!

The past 8 months of this year may not have met the expectations of some of us, however, life does happen. It is not what befalls us that matters, but how we take, absorb and configure whatever happens. Do we take disappointments or sudden setbacks as the end? Or do we see them as the beginning to start again; reflecting on them without dwelling perpetually on them and then moving on having learnt what we could have done better? If others are involved in our "perceived" disappointing life events, the best thing to do is to understand that we are the only ones who cannot disappoint ourselves once we make that resolute decision. Every other person, outside of ourselves, is an independent variable that could out of errors of omission or commission, let us down at anytime. Besides, they may not even have let us down; it may just well be our own error of perception or a figment of our sometimes 'emotionally beclouded' imagination.

Dr. Ifeolu Akintunde in his August feature article on our platform buttresses the point further that it is not what befalls us in life that matters but how we take it, how we comprehend it, how we interact with others despite it and finally, how we make use of it. In his article titled *the*

ordinary is essential, he showed how much ability can come out of 'perceived disability'. 'So I'm a blind person who has a law degree and a doctorate in international politics. I run IOA Consults and serve on the board of several charities and organisations. That is who I am, but how did I get there? Blindness doesn't make me 'disabled', but whether I'm blind or not, being without friends might make me 'disabled'. Even though he lost his sight at a very young age, he is affecting mankind positively. If you missed his propelling story, just click below and it is all yours for the reading.



Professor Elizabeth Egbochuku was next on this platform in August. We saw how a school teacher has risen to become a Professor in Education, Guidance and Counseling and how she is determined to continue mentoring people along the way. Using the Counseling Association of Nigeria (CASSON), this exceptional mentor is determined to continue impacting on our world. She tells us to "identify your goals in life and believe in yourself that you will achieve them. Then, re-evaluate them and prioritize them at regular intervals or when you fall along the way and seek out the information and mentors that inspire and motivate you to navigate the sometimes very windy and rocky path to success while all the while reaffirming to yourself that giving up is not an option"



The ability to remain undeterred and survive out of one's perceived comfort zone or societal stereotype is impersonated in **Sandra Aguebor**. *This woman undeterred and Nigeria's first female mechanic* is an inspiration to many. Her contribution to mankind with the Lady Mechanic Initiative is on-going and the effect is beginning to ripple across borders. Today, she is churning out better-equipped and more empowered women in their numbers. Read the story of how when her very first makeshift cardboard garage was destroyed, she evoked plan B! There was nothing stopping her: 'without a garage where my clients could come to me, I decided it was time to go out and meet the clients instead. I converted my private car into a mobile workshop moving from place to place and leaving satisfied customers in my wake. Those days were tough and it was my passion for what I do and the tenaciousness to succeed or die trying that kept me going and focused on my dreams'



In September, Team LR is keen to get you up and running on all the 'motivational fuel' you can muster. Our inspiring events section is going to show case giving back and the ways we can do it. We are going to get a dose of artistic inspiration from someone whose medium of communication is graphically excellent. Guess what, **Eric Thomas** is in London doing what he does best with our very own **Ava Eagle Brown** presenting alongside him. Ava Brown is famous author, speaker and life coach, who was one of LR's very first feature and Dr. Eric Thomas is the world renowned motivational speaker (often called the Hip Hop Preacher) who made the famous quote "when you want to succeed as bad as you want to breathe, then you will be successful" (just in case you did not know). If you are unable to be at this event live on the 24th of September; trust team LR, to bring you tidings of all inspirational events relevant to your motivational development.

The poster features a black and white photograph of Eric Thomas wearing a baseball cap and a collared shirt, with his hand near his mouth in a 'shh' gesture. The text is overlaid on the image in various colors and fonts. The main title is 'See Eric Thomas Live in London' with 'Live in' in a stylized font and 'London' in a large, bold font. Below that, it says 'Urban Life 2016 with Eric Thomas & Friends'. The date and time are 'SAT 24 SEP AT 09:30, LONDON'. The price is 'FOR ONLY £35'. A quote 'It's a NO Brainer!' is written in a cursive font. The website 'WWW.ERICTHOMASLONDON.UK' is at the bottom right. The author 'By: Dr. Ava Eagle Brown' is at the bottom left.

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TICKETS

Meet Eric Thomas

Critically acclaimed Author and World Renowned Speaker



eventbrite.co.uk/e/urban-life-2016-with-eric-



<https://www.eventbrite.co.uk/e/urban-life-2016-with-eric-thomas-friends-tickets-26191405198>

These are snippets of what we have lined up because we cannot afford to disclose it all now. The reason is simple you need to remain glued to the LR space to get your regular and complete doses of all things motivational. Do not forget also, that the second edition in our e-book series will be out this month.

Let these words from Dr. IfeoluAkintunde, tide you on till we meet again on this platform soonest.

"If you have to make the choice between living and not living, please choose to live. I cannot imagine being less of an 'Ife' than I currently am. We are all created to be the best persons we can be, with the gifts God has given us. So, when I wake up every morning, I want to live, no matter how low I feel; I do the best I can and trust God to make it happen for me". Ife Akintunde (2016)

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