



Hello ,

LORETTA REVEALS NEWSLETTER NOVEMBER 2016

Have you managed to watch the ants at all? Are you wondering what the relevance of the question is? Simple, last months newsletter ended with:

.....Actively seek out those things and people who add value and a positive meaning to your life. Now, do not stop at receiving - you should also, seek to add value to another person's life. That way, we build our web of support, which is one sure thing that humanity requires most in today's world. If you doubt this, watch the ants.....

There are no ants in my house responded some persons we have already asked this question. Then go into the garden. I have no garden nearby was the next answer.... and on and on it went.

This simply shows us, how easy it is, to make excuses for anything under the Sun. There is always a reason to make the choices we make - be they positive or negative. All we have to do is cook up something in our minds, start saying it to others then start believing it ourselves and eventually progress to living it. It serves us well when it is something positive however, should it be a negative concept, we can well imagine the sequel.

October on the LR space had a lot of positive concepts. Professor Nkoli Aniekwu connected the dots for us between Lipsticks, Laptops and Professors. In her words, this Professor of Reproductive Health Law

explains, "I always say to younger women who are juggling roles at home and at the workplace; work hard and cultivate a support network. The latter may be immediate family, friends or even colleagues. Wherever you find help or support in your work, harness it and work as hard as you can. Women are built for strength and resilience. Trust me - we often don't know how strong we are until we need to be that strong!"

This quote is another reason to watch the ants.



Also in October, Colourful Radio Team led by its Culture and lifestyle chat host Sonia Poléon collaborated with LR, to air a most entertaining, motivational and health enlightening discuss on ethnic diversity and the role it plays in women's health care in the United Kingdom. You sure do not want to miss the chance of listening to this if you did previously. Just click below



Welcome to November, the 11th month of 2016 on the LR space, we have your regular doses of motivational fuel as the year draws to a close. We have an impressive line up of guest features who will be reflecting on their life stories and their life's impact on humanity this month.

From a dedicated talk show host making a difference to an expert from the renewable energy sector creating new options for our world. In between these two extremes will be other features that feed and inspire the soul. There will be something for each of us to reflect on, relate to and connect with.

Reflection is a learning tool that works wonders because if honestly used in a no blame fashion, we are able to see clearly, where we made mistakes and are able to analyze what we could have done better. Following this, the renewed insight gleaned serves to propel us and help us not to make similar errors in the future. November is one such month when we start our reflective process for the almost ending year. We do not reflect to get depressed, rather, we employ reflection to enhance our daily pursuit of our continued all-round positive development.

Keep watching the LR Space for ordinary people that are doing extraordinary things.

Download eBook Now=> [The 10 Big Achievement Principles \(BAPs\)](#)

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