



Hello ,

Welcome to the 8th month of 2016. August is in and July is gone. In July the 'borderless motivational space' was abuzz! The guest features were simply amazing. We saw how **Anaya Kamara** picked up the pieces of her life after a car accident left her with amnesia in her feature article titled *'Who am I? The Anaya Kamara Story'*. Her story tells us how she worked very hard and made the choices that catapulted her from the streets to becoming a Multi-inspirational Entrepreneur in Public Speaking, Hair and Beauty Consultancy as well as Faith Networking; wining award after award. She told us that positivity, leadership and effectiveness skills are habits we have to develop with determination and doggedness.

Dr. Amarachukwu Anyogu took us on a spin in the world of science on how small things matter. This microbiologist, educationist and co-founder of the Aspiring Professional's Hub, gave us *"Lessons in excellence - because what we do not know, hurts us all the time"*. She told us how, there is no lone excellence. Amara emphasized how the fastest way to true leadership is to solve the problems of people around us, in a team style that takes note of the small things - providing value in our environment because the role of the small is indeed very great.



Do you think you are old? Is that your excuse for not doing or for doing certain things? Well, that orientation will change the moment you read and watch **Joy Ekeledo, a.k.a Mama Joy** who made it clear age is nothing but a number in her article '*What has age got to do with it*'. If this 78 year old retired midwife is presently a Zumba and fitness instructor, what excuse have the rest of us got not to adopt the fitness life style option. If you missed her 7-point tip on how to live and prepare for a good life, it is not too late. You are just one 'click' away.

Dr. Loretta Ogboro-Okor told us how "*Any one can be a Professional*" in her feature article that challenges the conventional definitions and status quo, paving way for reflection and introspection. In what one could tag an 'abstract article' with meanings and varied interpretations submerged beyond the surface, she persuades us on why we need to start seeing beyond our societally imposed stereotypes because history has proven that a majority of those who truly make the difference are those who break free from the toga of stereotypes.

So in August, what can you look forward to? Our feature article of those who survive out of their comfort zone was deferred to August. Also, there is one man, who we have the rare privilege of bringing to you on this platform. A man who shows how much ability can come out of 'perceived disability'. Missing his story would be like depriving one's car of fuel and one's self of oxygen! This man's motivating story has been described by many, as a 'propellant'. Our inspiring events section is going to show case giving back and how (if we borrow the quote from Dr. Amara Anyogu) "

small things matter".

Now, with all of these, tell us why you would want to miss your weekly doses of inspirational stories on LR this month of August?

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